

## RUMBA

*Open Circular Walks  
Spot Turn Combo*

## EAST COAST SWING

*Double Face Loop  
Opposition Break & Roll Out  
Whirlpool*

## CHA CHA

*Cross Body Pull Back*  
*\*Three Cha Cha Chas with Arm Styling*  
*Crossover Flick to Side Break*  
*\*Indicates off-syllabus variations*

### *\* Note \**

*The information in this brochure is provided to identify the steps and patterns required to take the DVIDA student exams.*

*The DVIDA student exams are offered to social dancers of all ages and backgrounds in order to assess and critique the dancer's skill level and ability.*

*DVIDA stands for Dance Vision International Dance Association, and is headquartered in Las Vegas, NV. It is an American institution dedicated to ballroom dancing in North America, and also offers certifications for dance instructors.*

*The North Carolina Ballroom Teachers College uses DVIDA training materials in its teacher training program and is available here at A Step To Gold, as are the DVIDA student*

## *DVIDA BRONZE IV SYLLABUS*



### *A Step to Gold International Ballroom*

*The Triangle's  
Finest Ballroom  
Dance Experience*



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FOXTROT

Wall One                      Start End

Running Steps                      FLOD  
FLOD

In Basic Rhythm

Running Steps in Box Rhythm                      FLOD  
FWNLOD

(ending in PP, Hips & Feet  
FDWNLOD, Shoulders  
FW)

FW FW

Wall Two

FW FW

Promenade Pivot                      FW FLOD-  
NLOD

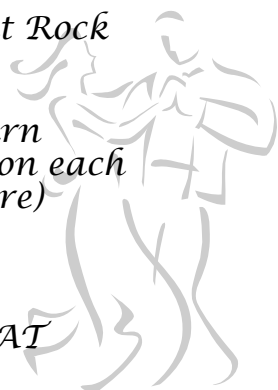
Promenade Twist

2 Right Rock Turns

(1/4 turn Right on each measure)

REPEAT

ROUTINE



WALTZ

Wall One                      Start End

Twinkle & Weave                      FDW FDC

Fallaway & Box

FDC FDWNLOD

(1/4 turn left on 1st measure of Box, No turn on 2nd measure of Box)

REPEAT

ROUTINE

TANGO

Wall One                      Start End

Check & Corte                      FDW FDW

(End in PP)                      FDW FDW

Oversway

(end in PP)

Promenade Pivot                      FDW  
FDWNLOD

Wall Two

Curving Basic                      FDW FDC

(1/4 turn left)

Reverse Turn                      FDC FDW

Twist Turn to Right                      FDW FDC

Promenade Turn Left                      FDC  
FDWNLOD

(No turn for gentleman)

